

## **L-ASCORBIC ACID AND PECTIN COMPOSITION**

### **FIELD OF THE INVENTION**

5 The present invention relates to a composition in the form of a powder and/or granules, which contains as a principal component L-ascorbic acid and/or a pharmaceutically acceptable salt thereof, in combination with pectin.

### **BACKGROUND OF THE INVENTION**

10 Different methods have been suggested for producing L-ascorbic acid powder or granules, which are directly compressible into tablets. Today, hydroxypropyl-methylcellulose (HPMC) and starch are considered standard binders for producing such powders and granules. For sugar-free and starch-free tablets, the powder or granules are generally produced with HPMC as a binder, although the color stability of such powders or granules, and tablets obtained therefrom, is not sufficient.

### **SUMMARY OF THE INVENTION**

15 In one aspect, the present invention relates to a composition in the form of a powder or granules containing:

- (a) L-ascorbic acid and/or a pharmaceutically acceptable salt thereof,
- (b) pectin in the range of about 0.1 to about 10% by weight, calculated  
20 based on the total weight of the composition thereof, and
- (c) optionally, adjuvants and excipients in the range of 0.1 to 10% by weight calculated based on the total weight of the composition.

25 In another embodiment, the present invention relates to a method of producing the composition of the present invention. In still another embodiment, the present invention relates to tablets obtained from the composition of the present invention.

In another embodiment, a powder or granule composition is provided. This composition includes L-ascorbic acid and/or a pharmaceutically acceptable salt thereof, and about 0.1 to about 10% by weight of pectin, calculated based on the total weight of the composition thereof.

5 Another embodiment is a compressed tablet formed from a powder or granule composition containing L-ascorbic acid and/or a pharmaceutically acceptable salt thereof, and about 0.1 to about 10% by weight of pectin, based on the total weight of the composition.

10 A further embodiment is a process for preparing a powder or granule composition. This process includes preparing an aqueous slurry containing L-ascorbic acid and/or a pharmaceutically acceptable salt thereof and about 0.1% to about 10% by weight of pectin; and spray drying the slurry to form the powder or granule.

15 Another embodiment is a process for preparing a powder or granule composition. This process includes forming a fluidized bed containing fluidized particles of L-ascorbic acid and/or a pharmaceutically acceptable salt thereof within a fluidized-bed drying device fitted with spray means, the fluidized bed being fluidized by air or an inert gas. The process further includes spraying an aqueous solution of pectin in the form of an atomized mist onto the fluidized particles to deposit the pectin onto the fluidized particles.

## 20 DETAILED DESCRIPTION OF THE INVENTION

It was now been found that a composition containing L-ascorbic acid and/or its salts in combination with pectin, may be obtained in the form of a powder or of granules with greatly improved color stability. Tablets made from such compositions  
25 have good taste, mechanical strength, and/or hardness, and in addition surprisingly have greatly improved color stability compared to prior art tablets made with HPMC and starch. In a composition according to the present invention, the pectin preferably is present in a range of about 0.1 to about 10% by weight, calculated on the total weight of the composition.

30 L-ascorbic acid is known in the art. Numerous pharmaceutically acceptable salts thereof are known. The preferred form of L-ascorbic acid is sodium ascorbate.

Pectin is a polysaccharide and is described, for example, in Industrial Gums, pg. 257ff (3 ed., Academic Press, Inc., 1993). Commercial pectins are generally produced from either citrus peel or apple pomace. Other possible sources are sugarbeet, sunflower, and mango. Preferred pectins to be used in the present invention are citrus pectins, which generally have lighter color than apple pectins and, thus, do not impart significant color to the granule product.

In the present compositions, pectin is preferably used in the range of about 0.1% to about 10% by weight, more preferably in about 0.5% to about 5% by weight, such as, for example from about 0.5% to about 2% by weight, calculated based on the total weight of the composition. In the present invention a composition consisting of 95-99% by weight of L-ascorbic acid and/or a pharmaceutically acceptable salt thereof and 5-1% by weight of pectin, the two components totaling 100% by weight, *i.e.* with no other components present, yield tablets of very good quality and excellent color stability.

Adjuvants may optionally be added to the present compositions. Suitable adjuvants are, for example, starch, HPMC, and polyols. Preferably no adjuvants are added.

The composition of this invention may be produced by any method known in the art for the production of powders or granules. Preferred methods include, for example, fluidized-bed granulation, high-shear granulation, extrusion, spray-drying, and wet granulation methods.

For obtaining the composition of the present invention by spray-drying it is convenient to prepare an aqueous slurry of all the components. The slurry preferably has a solid content of about 10 to 70% by weight, more preferably about 25 to 50% by weight. The slurry is then spray-dried in a manner known in the art.

For obtaining a composition of the present invention by fluidized-bed granulation, it is convenient to use a known fluidized-bed granulating apparatus, which utilizes a fluidized-bed drying device fitted with a spray means. Preferably the L-ascorbic acid and/or a pharmaceutically acceptable salt thereof form the fluidized bed, which is fluidized by air or an inert gas, *e.g.* nitrogen. The pectin, as well as optional adjuvants, are dissolved in an appropriate amount of water and sprayed in the form of an atomized mist onto the fluidized particles in such a manner that the granulating and drying operations are accomplished in a single step. The granulating process is continued until the desired amount of the pectin binder has been deposited onto the

fluidized particles. The granules are sieved to remove the fractions of granules, which are either too large or too small. Preferably, the particle size of the granules is between 100 and 1000 micron, more preferably between 125 and 750 micron.

5 The composition thus obtained may be compressed into tablets with conventional  
tableting methods and machinery. Optionally, the powder or the granules may further  
be mixed with a lubricant or a mixture of lubricants and then compressed into tablets. If  
additional lubricant is used, it is preferably stearic acid or the magnesium or calcium  
salt thereof, or glyceryl behenate 45 (Compritol 888 ATO), preferably in an amount of  
about 0.5 to 4% by weight, calculated based on the total weight of the composition. The  
10 composition may also be mixed with excipients. Examples of excipients are dextrinized  
sucrose (Di Pac sugar), microcrystalline cellulose, or starch.

A single tablet as obtained according to the present invention contains preferably  
50 mg to 1500 mg, more preferably 500 mg to 1000 mg of L-ascorbic acid and/or a  
pharmaceutically acceptable salt thereof, corresponding to an appropriate daily dose of  
15 vitamin C.

The following examples are provided to further illustrate the process of the  
present invention. These examples are illustrative only and are not intended to limit the  
scope of the invention in any way.

## EXAMPLES

### Example 1

20 L-ascorbic acid crystals (2475 g, Roche Ascorbic Acid Fine Granular,  
F. Hoffmann-La Roche AG), were placed in a stainless container of a wet granulator  
(Ultra Power model from KitchenAid, Michigan, USA). Pectin (27.36 g, Pectin USP,  
25 Danisco Ingredients, Denmark) was dissolved in distilled water (350 g). The pectin  
solution (151.3 g) was added to the ascorbic acid crystals over a period of 10 minutes  
with mixing. After the addition of pectin solution, the resulting paste was mixed for  
another 10 minutes and pressed through a screen with 2mm-openings to form noodle-  
like particles, which were dried in trays in a 45°C / 25% relative humidity (RH) room  
30 for 4 hours. The dry particles were milled and sieved to give the particle size  
distribution as shown in Table 1A.

Table 1A

Particle size, micron	% wt
> 710	0.7
> 500	16.2
> 355	29.8
> 250	19.9
> 125	21.9
< 125	11.4
Total	100

The granules were mixed with other excipients as shown in the following Table 1B and compressed at 20 KN to give 786 mg tablets.

The hardness of the tablet was 88N.

**Table 1B**

Component	Parts by weight
Granule Sample	108.64
Roche Ascorbic Acid 90% Granulation	79.66
White Di Pac sugar	301.27
Compritol 888 ATO	10.43

- 5 To evaluate the color stability, the granules were dried at 45 °C to about 0.08% moisture content, sealed in aluminum bags and stored at ambient temperature. The Whiteness Index (CIE) of the granules was determined at various time intervals using a Hunterlab Ultrascan B256 (Hunter Associates Laboratory, Inc., Reston, VA, USA). For comparison, the reduction in whiteness index was obtained by subtracting the
- 10 whiteness indices determined at various storage times from the initial whiteness index. Granules with poor color stability show high whiteness index reduction.

Color Stability: Whiteness Index reduction: 1.07 (after 1 month), 2.70 (after 2 months)

### **Example 2**

- 15 Example 1 was repeated with the exception that Hydroxypropylmethyl-cellulose (HPMC)(Methocel E15LV, The Dow Chemical Co., Michigan, USA) was used in place of pectin. The granule particle size distribution was as given in Table 2.

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a) The granules leaving the apparatus had a moisture content of 0.19% by weight, calculated based on the granule weight. The granule particles were sieved to give the particle size distribution as shown in Table 3A

**Table 3A**

Particle size, micron	% wt
> 710	12.16
> 500	18.03
> 355	22.90
> 250	16.42
> 125	16.82
< 125	13.67
Total	100

5 b) The granules (125-750 micron fraction) as obtained in Example 3 were mixed with the excipients as shown in Table 3B and compressed into tablets of 767 mg weight.

**Table 3B**

Component	Parts by weight
Sample	108.64
Roche Ascorbic Acid 90% Granulation	79.66
White Di Pac sugar	301.27
Compritol 888 ATO	10.43

The tablet hardness at various compression forces is as follows:

10 Hardness (Compression Force): 118 N (5 KN), 145 N (10 KN), 174 N (15 KN), 203 N (20 KN), 224 N (25 KN), 246 N (30 KN)

#### **Example 4**

15 Example 3 was repeated with the exception that Hydroxypropylmethyl-cellulose (HPMC)(Pharmacoat, Shin-Etsu Chemical Co., Ltd., Tokyo, Japan) was used in place of pectin.

The granulation conditions were as follows:

L-Sodium ascorbate: 594 g

HPMC solution: 246.6 g

HPMC solution spraying rate: 6.7 g/minute

Inlet Air temperature: 80 °C

The granule particles were sieved to give the particle size distribution as shown in

5 Table 4

**Table 4**

Particle size, micron	% wt
> 710	0.2
> 500	1.5
> 355	5.2
> 250	17.5
> 125	58.9
< 125	11.1
Total	100

The granules (125-750 micron fraction) were mixed with the same excipients set forth in Table 3B, and compressed into tablets of 767 mg weight.

The tablet hardness at various compression forces is as follows:

10 Hardness (Compression Force): 95 N (5 KN), 132 N (10 KN), 151 N (15 KN), 179 N (20 KN), 177 N (25 KN), 200 N (30 KN).

A comparison of Example 3 with Example 4 shows that granules or powder made with pectin as binder are far superior to preparations made with HPMC with regard to tableting compressibility.

15 The invention being thus described, it will be obvious that the same may be varied in many ways. Such variations are not to be regarded as a departure from the spirit and scope of the invention and all such modifications are intended to be included within the scope of the following claims.